# Northglenn HS Futures Classic 2022 Girls Swimming & Diving

**Purpose:** This meet is to provide a culminating mid-season competition for those athletes not qualifying for the 2022 Rex Abelein Memorial Invitational. Athletes who had participated at the aforementioned meet or who have achieved those individual qualifying standards are not eligible for this competition.

HOSTED BY:	Northglenn High School

DATE:	Monday, December 19, 2022
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LOCATION: Veterans' Memorial Aquatic Center (VMAC) 5310 E 136th Ave. Thornton, Colorado 80602

MEET DIRECTOR: Ken Ebuna - (303) 506-3346, ebu005773@adams12.org

#### COMPETITION SCHEDULE

# Monday, December 19 – Dive Finals/Both 6-Dive and 11-Dive Formats

- 6:30 am Doors Open to all
- 7:00 am Warm-up
- 8:15 am Boards Cleared, Coaches Meeting
- 8:30 am Start

# Monday, December 19 – Swim Timed Finals

- 12:00 pm Doors Open to all
- 12:30 pm Warm-Up
- 1:45 pm Pool Cleared, Coaches Meeting
- 2:00 pm Start

### ENTRY FEE: \$150.00 per team / \$50 for divers only

Please make amount payable to: Northglenn High School Girls Swimming Five Star School District HS: Please pay by TOE to account number 332-23-332-00-18280-1790000 Entry fee payment must be received by 05DEC to confirm your team's registration.

Northglenn High School C/O: Katie Lyons, Bookkeeper 601 W. 100<sup>th</sup> Place Northglenn, CO 80260

(720) 972-4604 katie.r.lyons@adams12.org

ENTRIES: Due by Wednesday , December 14th to Ken Ebuna, Meet Director

Please email your Hy-Tek entries to <u>ebu005773@adams12.org</u> and include team and coach's contact information in your email, as well.

All potential relay swimmers (up to 8) and divers MUST be included on your Hy-tek entry report, as well.

Relay members will be declared on the day of the meet.

- A swimmer/diver may be entered in a maximum of four (4) events with no more than two (2) being individual events.
- Each team may enter unlimited entries per individual event but only the two (2) fastest competitors from each school may score/place.
- Each team may enter a maximum of 3 entries per relay event. Only the fastest relay team from each school may score/place.
- All diving entries/cards must be submitted to <u>https://www.cleanentries.com/</u>.
  - Meet Name: Northglenn Girls Futures Classic 2022
  - Dive list Registration Closes: December 14, 10:00 PM MDT
  - o Changes will be permitted until 60 minutes prior to the start of the diving event.

AWARDS: Ribbons for Top 10 places in all events.

#### ADMISSION: Per Session - AM Diving Finals / PM Swimming Timed Finals

Adults: \$6; Students w/ a student ID: \$4;

Students without a student ID: \$6; Seniors: \$4

Event	MAX Yards	MIN Yards	MAX Meters	MIN Meters
200 Med Relay	2:07.0	2:31.2	2:21.4	2:47.9
200 Freestyle	2:09.0	2:40.4	2:29.9	2:58.1
200 IM	2:26.0	3:00.2	2:42.1	3:19.7
50 Free	0:27.0	0:33.6	0:30.1	0.37.3
Diving-6 Dives	190 pts	120 pts	190 pts	120 pts
100 Butterfly	1:06.5	1:24.4	1:13.7	1:34.0
100 Free	0:58.5	1:13.6	1:05.1	1:21.3
500Y/400M Free	5:49.0	7:08.8	5:06.1	6:15.5
200 Free Relay	1:53.0	2:14.4	2:06.2	2:29.2
100 Back	1:06.5	1:24.8	1:13.9	1:34.2
100 Breast	1:15.6	1:34.1	1:24.0	1:44.3
400 Free Relay	4:10.0	4:54.4	4:38.5	5:25.2
Diving – 11 Dives	310 pts	200 pts	310 pts	200 pts

# Coaches: Please adhere to these standards. Schools who have in excess of five (5) non-verifiable performances will be assessed a \$100 fine with their Athletic Director being billed.

If any of your swimmers do NOT meet the qualifying standard, please email an officially recorded time – meet results, MaxPreps, etc. - to the Meet Director no later than Wednesday, December 21, 2022. Fines will be issued based on verification outstanding after that date. NOTE: MAX qualifying times may change based upon the release of the 2022 Rex Abelein Memorial Invitational qualifying standards.