**2022**

Colorado High School Swim-Dive Coaches Association

Boys’ Swimming and Diving

**Dick Rush Memorial HS Coaches Swim-Dive Invitational**

**All persons inside the facility must wear a MASK**

**Spectators, Coaches, Athletes**

**HOSTED BY:** CHSSCA, Ron Johns - (303) 229-2298, [cohsswimdive@gmail.com](mailto:_cohsswimdive@gmail.com)

**DATES:** Friday, March 18, 2022 Diving

Saturday, March 19, 2022 Swim Prelim and Finals

**Location:** Veterans' Memorial Aquatic Center (VMAC)

5310 E 136th Ave. Thornton, Colorado 80602

**MEET DIRECTOR:** Ron Johns - (303) 229-2298, [cohsswimdive@gmail.com](mailto:_cohsswimdive@gmail.com)

**Changes: All dive rounds to occur on Friday**

**30 competitors to complete at Finals, (C/B/A-Final)**

**C Final scored separately**

**Fee Structure by Athlete**

**DOORS WILL OPEN TO ALL COACHES, COMPETITORS AND SPECTATORS AT**

**2 pm Friday and then 6:30 am Saturday**

**TIME SCHEDULE**

**Friday, March 18 – Dining Prelims, Semifinals & Finals**

2:30 pm Warmup , 3:50 boards clear

4:00pm Start

20 Minute warmup after round 8

**Saturday, March 19 – Swim Prelims**

7:00am Warmup

8:15am Pool Cleared, Coaches Meeting

8:30am Start

**Saturday, March 19 – Swim Finals:**

**2:30 pm** Warm-Up

3:15 pm Pool Cleared, Coaches Meeting

3:30 pm Start

**NOTE: We will run heats of 50 Free for any adaptive athletes at the start of the Final session.**

**Please provide names of potential athletes that you wish to participate in this special event.**

**ENTRY FEE**:$15.00 per Swimmer/Diver - names on your meet roster

Please send or Bring to meet amount due payable to Chatfield HS Swim-Dive

C/O:  Nikki Lucas, Athletic Secretary Chatfield Senior High School

303-982-3555     [Nicole.Lucas@jeffco.k12.co.us](mailto:Nicole.Lucas@jeffco.k12.co.us)

Chatfield HS, 7227 S Simms St, Littleton CO 80127

**ENTRIES: DUE Tuesday, March 15th @ Midnight** to Ron Johns.

Please email your Hy-Tek entries to [cohsswimdive@gmail.com](mailto:cohsswimdive@gmail.com).

Remember to include your Diver Names

**All potential relay swimmers (up to 8) MUST be included on your entry report.** Relay members will be declared on the day of the meet.

Please include team and coach's contact information in your email.

Dive lists to be submitted via CleanEntries deadline Thursday 17th midnight, details below

Entry Rules:

* A swimmer/diver may be entered in a maximum of 4 events with no more than 2 as individual events.
* Each team may enter unlimited entries per individual event. Four competitors from each team are eligible to advance to the finals.
* Each team may enter a maximum of 2 entries per relay event. One relay team from each school will be allowed to advance to the finals.
* Athletes that do not achieve qualifying standards will be required to provide proof of achievement.
* All diving entries/cards must be submitted to <https://www.cleanentries.com/>.

Meet Name: 2022 CO HS Coaches Dick Rush Invitational

Dive list Registration Closes: Dec-17th, 11:59 PM MDT

Changes will be permitted until 60 minutes prior to the start of each diving event.

**SCORING:** Top 20 from Preliminaries will compete in the finals for score

Bonus heat (C-final) will be scored separately

Individual: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1

Relays: 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2

**AWARDS:** Team: Top Team for 5A, and 4A schools

**HOYT BRAWNER Award**

Nominees must be a senior. Selection criteria will be based on Academics, Citizenship, and Athletic Achievement.

Nominations must be in a Written (Typed) form and submitted prior to the start of the preliminary session.

**ATHLETE of the MEET (High Point)**

**ADMISSION: $5 per session**

Diving

Swim Prelims

Swim Finals

**Qualifying Standards are listed below.** Standards can be achieved during past seasons or non-HS competitions. Any recorded time is acceptable.

Event **Yards Meters**

200 Med Relay 2:04.0 2:18.3

200 Freestyle 2:03.0 2:16.3

200 IM 2:22.0 2:37.8

50 Free 0:25.0 0:28.0

Diving-11 Dives 270 270

100 Butterfly 1:03.0 1:10.2

100 Free 0:55.0 1:01.1

500Y/400M Free 5:40.0 4:58.5

200 Free Relay 1:50.0 2:02.8

100 Back 1:04.0 1:12.2

100 Breast 1:11.0 1:18.8

400 Free Relay 4:05.0 4:32.9

Coaches: Please Adhere to these Standards.

Swims slower than Qualification Standards will require proof of achievement. Divers that are cut after 5 dives will require proof of achievement

$25 fine will be accessed for those that cannot be provide proof, School ADs will be billed.