

# Front Range League Boys Swimming & Diving Championships

Host: Adams 12 Five Star Schools / Thursday, 17JUN2021 – Friday, 18JUN2021

Veterans Memorial Aquatic Center - 136<sup>th</sup> & Holly St, Thornton, CO

**Participating Schools:** Boulder/BOUL, Fairview/FAIR, Fort Collins/FTCO, Fossil Ridge/FOSS, Horizon/HORI, Legacy/LEGA, Loveland/LOVE, Monarch/MONA, Mountain Range/MTNR, Poudre/POUD, and Rocky Mountain/ROCK

**Officials:** *Prelims* - Ref. Kelley Donahue-Fitch, Leighton Millar, Julie Fortuin, Trent Chikuma, Richard Henry; *Diving* - Ref. Kelley Donahue-Fitch, Leighton Millar, Julie Fortuin, Tricia Furlong, Richard Henry; *Finals* - Ref. Kelley Donahue-Fitch, Leighton Millar, Julie Fortuin, Tricia Furlong, Richard Henry

**Meet Committee:** Ref. Donahue-Fitch, Ken Ebuna (MTNR), Amber Sullivan-Austin (MONA), Eric Work (RMTN)

**Venue Guidelines:** All participants and spectators MUST wear a protective mask when inside the facility. Only authorized participants will be allowed on the pool deck. Locker room showers are not available for use.

**Admission Prices:** \$6.00/Adults & Students w/out ID; \$4.00/Seniors & Students w/ID

**Conduct & Schedule:** This meet will be conducted in a Preliminaries and Finals format.

**Entries:** An athlete may enter a maximum of four (4) events with no more than two (2) as individual events. Each school may enter unlimited competitors per individual event and four (4) relays per relay event. Please include all relay entrants - up to eight (8) competitors – with your team entries. Entries submitted with No Time (NT) will be seeded in the slowest preliminary heat(s).

Diving cards are due after the 50 Freestyle on Thursday afternoon 17JUN or lists may be emailed to the diving representative - Shannon Avila ([avilazoo@gmail.com](mailto:avilazoo@gmail.com)) -on Wednesday, 16JUN. The representative will print out diving cards on Friday morning for coaches and athletes to sign. Coaches may decide to bring their own cards if they prefer. The coaches and athletes are responsible for checking the accuracy of their diving lists on the cards prior to the diving session starting. If any errors are found or dives need to be changed those changes can be made prior to the start of the session.

Dive cuts: Divers will be performing an 11-dive list. Unless the diving field has more than 30 entries there shall be no cuts until after the eighth round. Only the top four (4) divers from each school are eligible for the final round of competition and those teams that are in excess will be cut after the 8<sup>th</sup> round.

**Hy-Tek Entries are due Monday, 14JUN by 12:00 noon to the meet manager, Ken Ebuna ([ebu005773@adams12.org](mailto:ebu005773@adams12.org)).** Psych sheets will be distributed to all coaches later that day for your review. The only corrections allowed after your entries have been submitted will be scratches and relay order changes. All scratches/corrections must be made by 12:00 noon on Wednesday, 16JUN. Please double-check that your entries are complete and correct prior to submission.

**Scoring:** Only four (4) entries in each individual event/per school may advance to finals/score  
Only the designated A-team in each relay event/per school may advance to finals/score

Individual Events: A-Finals Heat / 36-33-32-31-30-29-28-27-26-25  
B-Finals Heat / 23-21-20-19-18-17-16-15-14-13  
C-Finals Heat / 11-9-8-7-6-5-4-3-2-1  
Relay Events: A-Finals Heat / 72-66-64-62-60-58-56-54-52-50  
B-Finals Heat / 46

**Awards:** 1st – 10th Ribbons for both relay and individual events plus a trophy for the team scoring the most points at the meet’s conclusion. Awards will be presented to the A-Finals Heat finishers after the B-Finals Heat of the proceeding event. Award winners will be presented/recognized on the starting blocks. **Coach presenters for specific event awards will be determined at the preliminaries coaches meeting.** The Championship Trophy will be presented by a representative of the Athletic Directors.

All-Conference Awards – 1st place finishers in each event will be named to the All-Conference First Team and 2nd place finishers will be named to the All-Conference Second Team.

Coach and Athlete of the Year Awards - Nominations should be distributed after the coaches meeting on Thursday afternoon. The Athlete of the Year must be a senior swimmer/diver and nominated with a letter from the athlete’s coach. **Nominations must be submitted with your entries in either a Word or PDF format** and will then be provided to each coach at the coaches meeting on Thursday, 17JUN. Each team will have one vote for both an athlete and a coach. Ballots will be prepared, distributed and should be turned in to the computer table after the conclusion of the finals of the 50 Freestyle on Friday.

**USA Officials** will be on deck to observe swims. Athletes wishing their swims to be observed must sign in at the Clerk of Course station prior to start of the meet.

### **Thursday, June 17th**

Doors Open for Coaches and Swimmers	9:15 am
Doors Open to Spectators	9:30 am
Swimming Prelims Warm ups	9:40 am-11:50 am
Coaches Meeting	11:40 am
Swimming Prelims Start	12:00 pm

### **Warm-up Assignments**

N = North Pool      C = Competition Pool      S = South Pool

Group I: C1-6 MONA (30), C7-10 FTCO (22), S1-6 HORI (23) → 75  
Group II: N3-5 MTNR (8), C1-7 FAIR (35), C8-10 BOUL (13), S1-6 LEGA (21) → 77  
Group III: N2-5 LOVE (15), C1-5 FOSS (26), C6-10 ROCK (23), S1-3 POU D (10) → 74

9:40-10:10 Group I Warm-up / Assigned Lanes  
 10:10-10:20 Group I Pace/Dive Sprints Competition Pool All Lanes  
  
 10:25-10:55 Group II Warm-up / Assigned Lanes  
 10:55-11:05 Group II Dive Pace/Sprints Competition Pool All Lanes  
  
 11:10-11:40 Group III Warm-up / Assigned Lanes  
 11:40-11:50 Group III Dive Pace/Sprints Competition Pool All Lanes

**Friday, June 18th**

Doors Open for Coaches and Divers 7:00 am  
 Doors Open for Spectators 7:30 am  
 Diving Prelims/Finals Warm Up 7:00-8:50 am  
 Diving Prelims/Finals Start 9:00 am  
  
 Swimming Finals Warm up 11:40-1:50 pm  
 Coaches Meeting 1:40 pm  
 Finals Start 2:00 pm

**Warm-up Assignments**

11:40-12:10 Group I Warm-up / Assigned Lanes  
 12:10-12:20 Group I Pace/Dive Sprints Competition Pool All Lanes  
  
 12:25-12:55 Group II Warm-up / Assigned Lanes  
 12:55-1:05 Group II Dive Pace/Sprints Competition Pool All Lanes  
  
 1:10-1:40 Group III Warm-up / Assigned Lanes  
 1:40-1:50 Group III Dive Pace/Sprints Competition Pool All Lanes

**FRONT RANGE LEAGUE BOYS CHAMPIONSHIP RECORDS**

200 Medley Relay	D. Kovac, J. Pales, S. Ybarra, K. Malinin	Fossil Ridge	1:33.73	2017
200 Freestyle	Jay Schryver	Loveland	1:37.42	1997
200 Individual Medley	Kyle Miranda	Monarch	1:52.75	2004
50 Freestyle	Steve Geving	Northglenn	:20.37	1986
1-M Diving (11)				
100 Butterfly	Danny Kovac	Fossil Ridge	:48.65	2018
100 Freestyle	Jay Schryver	Loveland	:44.63	1997
500 Freestyle	Mike Wasgatt	Fort Collins	4:31.94	1996
200 Freestyle Relay	S. Alkaff, M. Geraaghty, J. Pales, K. Malinin	Fossil Ridge	1:25.46	2017
100 Backstroke	Harrison Lierz	Broomfield	:49.44	2017
100 Breaststroke	Kyle Miranda	Monarch	:55.61	2004
400 Freestyle Relay	M. Geraghty, R. Dauksher, D. Kovac, S. Alkaff	Fossil Ridge	3:06.66	2017