

# 2019 Mustang Invitational

At the Veterans' Memorial Aquatic Center 5310 E 136th Ave, Thornton, CO 80241

## CONTRACT for the Invitational

### 2019 Girls' Mustang Invitational -- January 11 and 12, 2019

Meet Director Jeff Johnson [jeff.johnson@adams12.org](mailto:jeff.johnson@adams12.org)

Entries are due **TUESDAY** before the meet to [jeff.johnson@adams12.org](mailto:jeff.johnson@adams12.org)

If you do not receive confirmation from Jeff after sending your entries or a heat sheet by noon on Wednesday, please contact Jeff immediately.

Diving Contact: Shannon Avila [avilazoo@gmail.com](mailto:avilazoo@gmail.com)

Format

#### Friday Night Diving

2:30 pm general warm-up on three 1-meter boards,

3:30 pm start.

**Diving Cuts:** Divers will perform an 11-dive list. All NFHS and CHSAA Rules will be followed for cuts. The diving field shall be cut to 32 after the third round unless otherwise agreed upon by the coaches and officials. After the fifth round (preliminary), the field shall be cut to 20 divers as per NFHS rules. After the eighth round (semifinal), the field will be cut to 16 divers who will dive in finals with two alternates. Only the top 4 athletes per school can survive any cut. Therefore, all schools will be cut to 4 from each school at the first cut, unless they are not withholding someone else from advancing. The diving boards will open for a brief 10-20-minute warm-up after the 8<sup>th</sup> dive before finals. Diving lists are due to **Shannon Avila [avilazoo@gmail.com](mailto:avilazoo@gmail.com)** by the Wednesday night before the meet at midnight. She will print out diving cards for coaches and athletes to sign. Coaches may decide to bring their own cards if they prefer. The coaches and athletes are responsible for checking the accuracy of the diving lists on the cards prior to the meet starting. If any errors are found, or dives needed to be changed, those changes can be made prior to the meet starting.

**All DIVING entries are due WEDNESDAY EVENING. If we do not have your dive list WEDNESDAY, your divers will not dive Friday.**

**NO Deck entered dive lists will be allowed.**

All one-meter diving boards will be available for warm-ups and competition.

#### Saturday Morning Swimming Timed Finals

7:00 am warm-up, continuous warm-up during meet

8:00 am start

Entries **Each team may enter unlimited competitors per individual event. Unlimited relay entries.**

A maximum of 4 events, no more than 2 as individual events per athlete.

Qualifying time of 8:00.00 in the 500 freestyle, please.

**Individual Entries:** Top four team athletes score from each team.

**Relays:** Fastest relay scores (minimum of four swimmers, maximum of eight, declare relay before the event).

Fee

\$150 per team (swimming and diving or just swimming) -- Diving only \$40 per team

Check payable and sent to:

Mountain Range High School

12500 Huron Street

Westminster, CO 80234 (**please mail before the meet or bring it**)

Awards

Trophy for first place for each individual event

Trophies for first place relays

Team plaque for first place

Scoring

16 places will be scored; top four team athletes score from each team.

Relays: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

All other events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

Spectators

\$5 adults, \$4 students with ID

There will be no admittance upstairs in the spectator area until the workers have set-up – usually by 6:30. Please advise your parents.